

A group of diverse students and two adults are sitting in a circle in a library, engaged in a discussion. The students are wearing colorful shirts (green, blue, red, and striped). The adults are wearing green and red shirts. The background shows bookshelves filled with books.

# Elevating Supports: Mental Health Services

Sally J. Alayon, Assistant Superintendent  
Rhea Lee, Director

Friday, October 28, 2022

Office of Mental Health and Student Services  
Miami-Dade County Public Schools



# Introductions





# Session Agenda

- Statistics
- House Bill Updates
- Mental Health Services Updates
- Elevating Professional Development



# Adolescent Behaviors and Experiences Survey, 2021

- According to the CDC, more than one in three high school students (37.1%) experienced poor mental health during the COVID-19 pandemic.
- In addition, 44.2% of students experienced persistent feelings of sadness or hopelessness, almost 20% seriously considered suicide, and 9.0% attempted suicide during the 12 months before the survey.



## Adolescent Behaviors and Experiences Survey, 2021

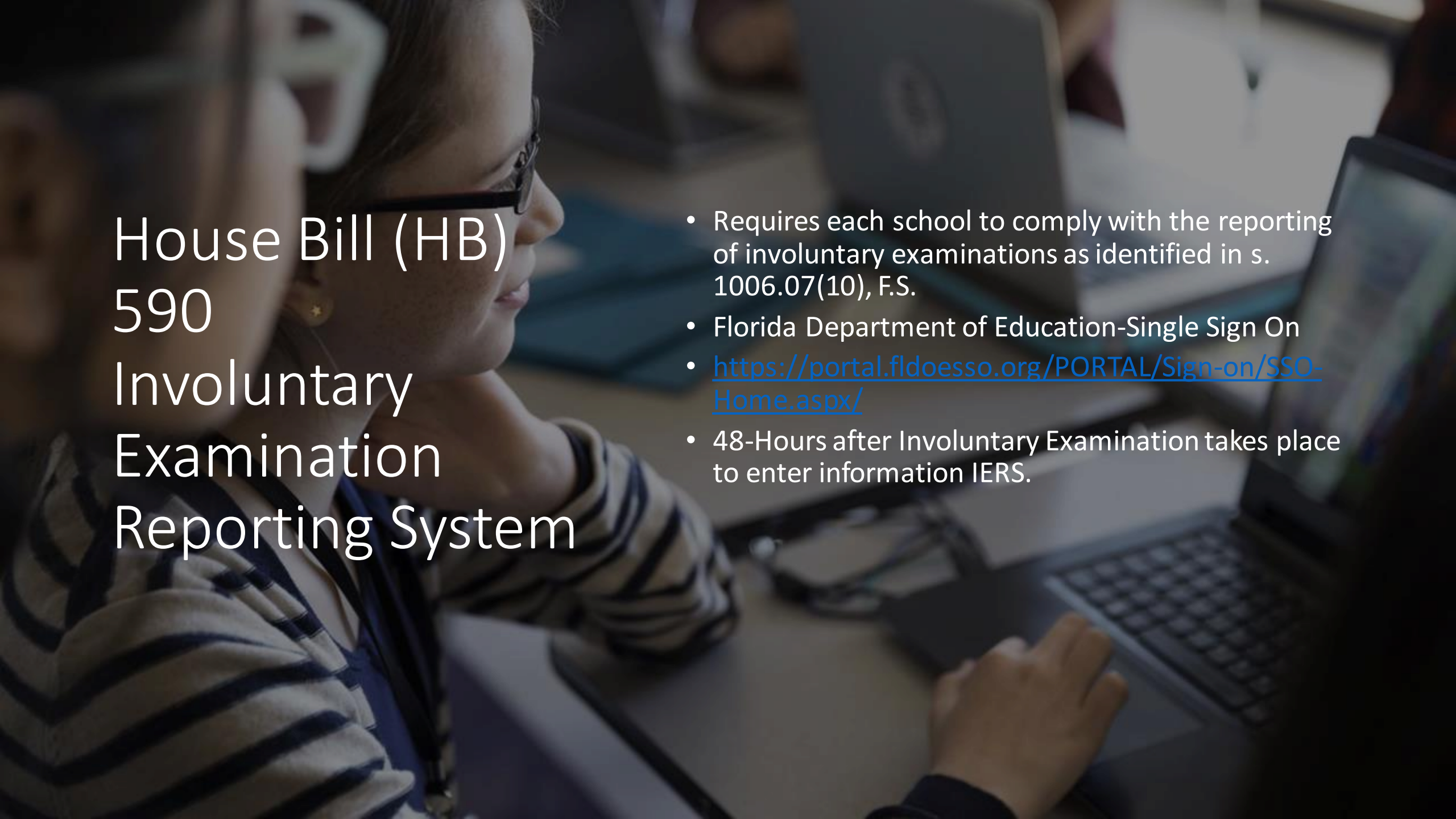
- The prevalence of poor mental health and suicidality was high across students of all sex, sexual identity, and racial and ethnic groups; however, poor mental health, persistent feelings of sadness or hopelessness, and suicidal thoughts and behaviors were less prevalent among those who felt close to persons at school.

A close-up photograph of a yellow school bus door. The door is partially open, showing a black interior panel. A circular side mirror is mounted on the door, reflecting the yellow and black stripes of the bus. The background is a blurred street scene with buildings and a clear sky. The text "Legislative Updates" is overlaid in white, sans-serif font in the center of the image.

# Legislative Updates

# House Bill (HB) 899 Mental Health of Students

- Any students referred to a school-based or community-based mental health services provider for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 days of referral.
- School-based mental health services must be initiated within 15 days after identification and assessment.
- Community-based mental health services must be initiated within 30 days after the school or district makes a referral.
- Parents of a student receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health services providers. This may be met by providing information about and Internet addresses for web-based directories or guides for local behavioral health services.
- Districts must provide individuals living in a household with a student receiving services information about behavioral health services available through other delivery systems or payers for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

A woman with glasses is shown in profile, looking at a laptop screen. She is wearing a striped shirt. The background is slightly blurred, showing other people in a classroom or office environment. The text is overlaid on the left side of the image.

# House Bill (HB) 590 Involuntary Examination Reporting System

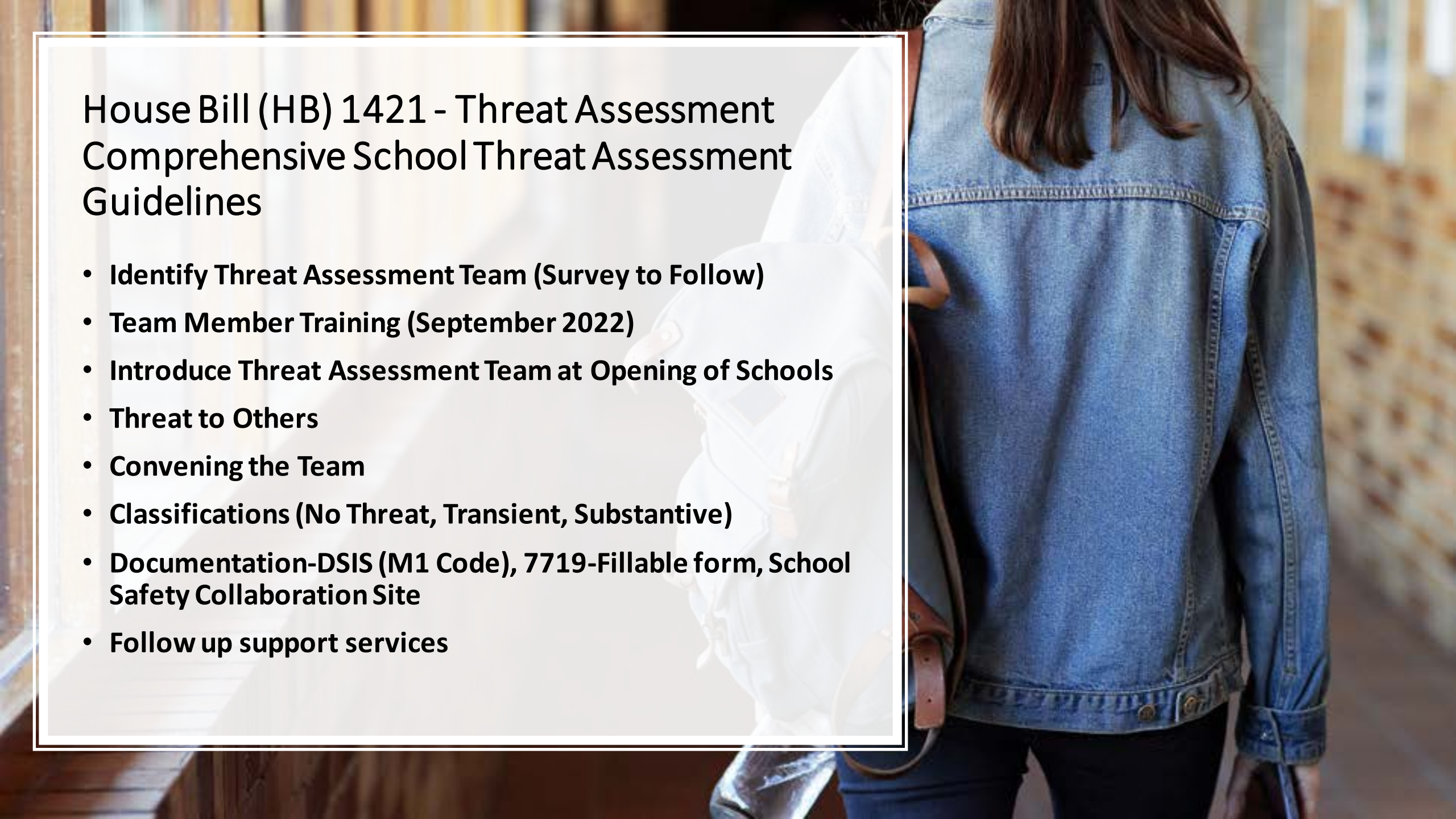
- Requires each school to comply with the reporting of involuntary examinations as identified in s. 1006.07(10), F.S.
- Florida Department of Education-Single Sign On
- <https://portal.fldoesso.org/PORTAL/Sign-on/SSO-Home.aspx/>
- 48-Hours after Involuntary Examination takes place to enter information IERS.





# House Bill (HB) 1421-School Safety

- Safe-school officers that are sworn law enforcement officers to complete mental health crisis intervention training and requiring safe-school officers that are not sworn law enforcement officers to receive training on incident response and de-escalation.
- That school district and local mobile response teams use the same suicide screening tool approved by the DOE (Banyan Healthcare System).

A background image showing the back of a person with long brown hair wearing a blue denim jacket and carrying a white backpack. The person is walking in what appears to be a school hallway with wooden floors and walls.

## House Bill (HB) 1421 - Threat Assessment Comprehensive School Threat Assessment Guidelines

- **Identify Threat Assessment Team (Survey to Follow)**
- **Team Member Training (September 2022)**
- **Introduce Threat Assessment Team at Opening of Schools**
- **Threat to Others**
- **Convening the Team**
- **Classifications (No Threat, Transient, Substantive)**
- **Documentation-DSIS (M1 Code), 7719-Fillable form, School Safety Collaboration Site**
- **Follow up support services**



# Mental Health Services



# Mission Statement

Mental Health Services is dedicated to promoting our student's social-emotional and academic well-being; through the provision of the highest quality school and community, comprehensive evidence-based mental health services.



# Personnel Updates

- 15-Additional Mental Health Coordinators to be hired for 2022-2023, totaling 133
- 100 part-time Mental Health professionals at select schools
- Contracted Agencies continue

# Mental Health Services Referral Form

 <b>Miami-Dade County Public Schools Department of Mental Health Services Referral Form</b>		
Student's Name: _____	Student ID: _____ Grade: _____	
School Name: _____	School Code: _____	
Referral Date: _____	Referred by: Name/Title: _____	
DCF <input type="checkbox"/> Yes <input type="checkbox"/> No	Project Upstart <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Reason(s) for Referral</b>		
<i>Problem(s)/concern(s) related to: (please check all that apply)</i>		
<input type="checkbox"/> Grief	<input type="checkbox"/> Withdrawn	<input type="checkbox"/> Peer Relationships
<input type="checkbox"/> Anxiety/Nerves/Worries	<input type="checkbox"/> Poor Self-Image	<input type="checkbox"/> Family Concerns
<input type="checkbox"/> Fear/Phobias	<input type="checkbox"/> Irritability/Aggression	<input type="checkbox"/> Hospitalization (Psychiatric)
<input type="checkbox"/> Chronic Sadness	<input type="checkbox"/> Self-Harm	<input type="checkbox"/> Crisis
<input type="checkbox"/> Substance Use	<input type="checkbox"/> Impulsivity	<input type="checkbox"/> Other _____
Brief explanation describing reason behind referral		
_____		
_____		
Actions taken to help address concern:		
Conference/Meeting with School Counselor	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Conference/Meeting with Administrator	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Referred to outside agency for services	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Parent/Guardian contact regarding concern	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Date of parent/guardian notification about referral to Mental Health Coordinator:	_____	
<b>Mental Health Coordinator Use Only:</b>		
Services to be Provided: <input type="checkbox"/> Tier II <input type="checkbox"/> Tier III		
Screened: <input type="checkbox"/> R-CADS 25 <input type="checkbox"/> DSM-V Level 1		
Other relevant information:		
_____		
_____		
_____		
Date Received: _____		
MS Entered: _____		
Date Entered: _____		
Coordinator Initial: _____		
Date Screened: _____		
FM-7789 Rev (08-21)		

# Referrals to Community Mental Health Agencies

- Mental Health Screenings and Assessments
- Individual and Group Counseling
- Family Counseling
- Substance Abuse Intervention
- Parent-School-Community Agency Collaboration and Consultation
- Case Management



# Professional Development







# Elevating Professional Developments

- Youth Mental Health First Aid
  - Required for all staff to be trained in the State of Florida per HB 1412
  - 80% of school staff should be train by July 2023 and each year thereafter
  - Certification should be maintained
- 90-minute recertification opportunities offered for those that already completed the course

## Additional Support

- If you have any additional questions specific to school aged student enrolled to your school site, please contact:

Rhea Lee, Director

[rhealee@dadeschools.net](mailto:rhealee@dadeschools.net)

305-995-1020

Questions?



# Mental Health Services

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